



Price List

P. 01534 499557 F. 01534 490526 E. info@passion.je

23 Quennevais Parade • St Brelade • Jersey • JE3 8FX

Mon-Fri: 9am - 6pm Sat: 9am to 5pm Late night opening Thursday Out of hours appointments can be arranged.

Acupressure

Acupressure is an ancient healing art developed in Asia over 5,000 years ago, using the fingers to press key points on the surface of the skin to stimulate the body's natural self-curative abilities. When these points are pressed, they release muscular tension and promote the circulation of blood and the body's life force energy to aid healing.

Acupuncture

Acupuncture is a technique of inserting and manipulating fine filiform needles into specific points on the body to relieve pain or for therapeutic purposes. According to traditional Chinese medical theory, acupuncture points are situated on meridians along which the vital energy flows.

Bowen Therapy

The Bowen Therapist uses their fingers and thumbs to make a series of precise, rolling type moves over the muscles. Through-out the treatment there are short breaks, which allows the patient to rest and their body to respond to the gentle moves that have been made. This resting period is an important part of the treatment, allowing time for the body/mind to begin to make subtle changes that help to re-balance, reduce tension and relieve pain.

Colonic

Hydrotherapy

Colonic Irrigation encompasses a number of alternative medical therapies intended to remove faecal waste and unidentified toxins from the colon and intestinal tract. Colon cleansing may take the form of colon hydrotherapy (also called colonics or colonic irrigation) or oral cleansing regimens. Colon hydrotherapy uses enemas to inject water, sometimes mixed with herbs, or other liquids, into the colon using special equipment.

Crystal Healing with Reiki

Crystals have long been powerful spiritual symbols and, today, the effects they can have on people are starting to be harnessed to treat illnesses. Practitioners believe that crystals focus the healing energy or 'life force' and, as such, crystal therapy can be used either to treat specific ailments, or for more general healing.

Ear Candling

Quite different from conventional wax candles, ear candles are actually a cotton tube, impregnated with beeswax, honey and therapeutic oils, that are painlessly inserted into the ear to draw out impurities, and relieve pressure in the

head and sinuses, and aid hearing problems. A very relaxing treatment.

Lymphatic Drainage Massage

It is a gentle, flowing, rhythmic massage. In any form, it can be applied to a wide range of pathologies, to great effect. Manual Lymphatic Drainage is used primarily to promote the optimal functioning of the lymphatic vessels that lead to the circulatory system. Manual Lymphatic drainage techniques facilitate the removal of metabolic wastes, excess water, toxins, bacteria, large protein molecules and foreign substances from tissue via the initial lymph vessels and venous capillaries.

Reflexology

A natural treatment of the hands or feet, which balances mind, body and spirit. Every single part of the body has a reflex point on the feet, so by treating specific points the body will rebalance and heal itself.

Reiki or Karuna Reiki

(pronounced ray-kee) is a simple, safe, effective healing system that uses Universal Life Energy to help dissolve problems and return the body, mind, emotions and spirit to their natural perfect state.



Hands-on Holistic Therapies

Acupressure	1hr	£40
Acupuncture	1st Consultation - 1½hrs	£65
	Follow up Consultation - 1hr	£50
Bowen Therapy	1hr	£40
Colonic Hydrotherapy	1st Consultation - 1½hrs	£70
	Follow up Consultation - 1hr	£65
Crystal Healing with Reiki	1hr	£40
Ear Candling	¾hr	£35
	per additional candle	£6
Lymphatic Drainage Massage	1st Consultation - 1½hrs	£65
	Follow up Consultation	£55
Podo-Rhacidian Mobilisation Therapy	¾hr	£40
Reflexology	¾hr	£40
Maternity Reflexology	½hr	£25
Reflexology with Hot Stones	1¼hrs	£45
Vertical Reflexology	½hr	£25
Reiki or Karuna Reiki	1hr	£40

Allergy & Intolerance Testing

Bioenergetic testing with the Asyra system is very good at checking for food intolerances. We have found intolerances to be a significant factor in many illnesses. Once the problem foods are identified they should be avoided for about three months. After this time the body usually becomes tolerant to them again and many health conditions can significantly improve in this time.

EDS- Full Holistic Body Scan

This Asyra Instrument is a High-Tech Computer-Assisted Analysis to reveal the ROOT cause of Dis-ease and to assist you in returning to excellent health.

Iridology

Your eyes are unique to you. There is not another individual on earth with eyes that are identical to yours. The colours and myriad structures are genetic evidence of this uniqueness. Iridology is the practice of analysing the iris of the eye (the coloured part), and the inner border of the pupil. It is a unique form of health analysis, a simple, non-invasive way to study the constitutional strengths and weaknesses that you have inherited.

Herbal Medicine

The Master Herbalist practises a naturopathic form of herbal medicine that includes not only herbs but also a combination of techniques, such as detoxification, dietary therapy and hydrotherapy, to assist the client back to optimum health. The consultation will include Iridology as an assessment of your inherited constitution.

Homeopathy

Safe and gentle, yet powerful form of holistic medicine, which stimulates your immune system into action when your body has been overwhelmed by mental/emotional and/or physical stresses, practised worldwide for over 200 years, homeopathy is based on the principle of 'like cures like' which was developed by the brilliant physician and chemist Samuel Hahnemann, who found that a substance producing the symptoms of ill health in a healthy person would cure similar symptoms in ill health.

Hypnotherapy

Hypnotherapy takes processes and events which are already part of the individual's experience of the world and utilises them to create positive change. Under Hypnosis, the rational part of the brain is temporarily bypassed, making the subconscious

part, which influences mental and physical functions receptive to therapy.

Podo-Rhacidian Mobilisation Therapy

Podo-Rhacidian is a gentle non-invasive mobilisation technique which allows the body to re-adjust postural and structural misalignment without the use of manipulation or force.

Phytobiophysics® EAV Testing

(The Mossop Philosophy) is a new and relevant scientific approach to the problems of mankind that incorporates modern knowledge, traditional therapies and ancient wisdom. Above all it is a means of accurately assessing causal factors of disease. Phytobiophysics® is the registered trade mark of our products and the definition of the Mossop Philosophy is the science of plant energy - the use of the infinite energy of plants to restore balance and harmony to people of the world on all levels of consciousness. Spiritual, Mental, Emotional and Physical.

Vitamin and Mineral Scan


Vitamin and minerals assessment is a recommended test for all. It indicates the nutritional

status of the body - which vitamins and minerals the body needs. Nutrients are an essential part of almost all bodily processes.



Hands-off Holistic Therapies

Allergy & Intolerance Testing	1st Consultation - 45mins	£55
	Follow up Consultation - ½hr	£40
EDS- Full Holistic Body Scan	1 to 1½hrs	£95
Herbal Iridology	1st Consultation - 1 - 1½hrs	£55
	Follow up - 1hr	£40
Homeopathy	Adults 1st Consultation - 1hr	£80
	2nd Consultation - 1hr	£55
Introductory Offer	1st Consult and 2 follow ups	£150
	Children 1st Consultation	£60
	Follow up	£40
Hypnotherapy	1hr	£55
Oxygen Therapy	20mins	£12
Phytobiophysics® EAV Testing	1st Consultation - 1hr	£65
	Follow up - ½hr	£45
Vitamin & Mineral Scan	¼hr	£15
Cranial Sacral	1hr	£50
Spiritual Readings etc		
Readings with Barbara Meiklejohn-free	1hr	£70
	½hr	£35
Angel Card Readings	¾hr	£35
Tarot Readings	¾hr	£35



Massage Therapy

is the manipulation of your body to enhance wellbeing. Historically massage dates back thousands of years, what could be more natural than the touch of another to soothe you?

Deep Tissue Massage

Deep Tissue Massage is a massage technique that focuses on the deeper layers of muscle tissue. It aims to release the chronic patterns of tension in the body through slow strokes and deep finger pressure on the contracted areas, either following or going across the fiber's of the muscles, tendons and fascia.

Deep tissue massage is used to release chronic muscle tension through slower strokes and more direct deep pressure or friction applied across the grain of the muscles not with the grain. Deep tissue massage helps to break up and eliminate scar tissue.

Hot Stone Massage

Hot Stone massage therapy has been used in many different cultures for many years. Healers used rocks from the river beds and warmed them either in hot coals or hot water. Placing the hot stones on cloth on the body and arranging them along the energy centres of the body would help to relax the muscles

and reduce pain or discomfort, boosting a healing process. The placing of the stones can be followed by a massage which can be deeper and more intense as heat penetrates the body and relaxes the muscles. Hot Stone therapy can help in the treatment of the following problems; muscular aches, pains, and strains, rheumatic and arthritic conditions, Multiple Sclerosis, Fibromyalgia, back pain, and insomnia. It also helps to improve circulation and can help reduce stress, anxiety, tension and depression.

Indian Head Massage

Indian head massage is based on the ayurvedic system of healing which has been practiced in India for over a thousand years. The aim of Indian head massage is to release the stress that has accumulated in the tissues, muscles and joints of the head, face, neck and shoulders. The client, fully clothed, sits in a massage chair for the treatment. The therapist uses a range of different movements including application of deep kneading and compression movements over the neck, shoulder and scalp areas.

Natural Facelift Massage

The Natural Face Lift

Massage is based on Ayurveda, Yoga, Polarity Therapy, and Swedish style Massage. No oils or chemicals are used. Deeply relaxing. This method works the face systematically releasing deep seated tension, freeing layers of muscle and connective tissue so that there is space for the muscles to relax, encouraging an opening so that the microcirculation and elimination can begin again and the tissues can glide smoothly over the deeper layers of muscle and bone Used for eye strain, insomnia, headaches, and stress. For facial change combine this treatment with exercises over 6 treatments.

Facials

One of the most popular skincare treatments is known as a manual facial treatment, which involves the use of cleansing, toning and moisturising preparations followed by a soothing facial massage. Depending on the specific needs of the client's skin, a face mask may also be used to further soothe, moisturise and/or exfoliate dead skin cells. The preparations used at all stages of a manual facial treatment are chosen by the therapist to provide the maximum benefit to the client, and the products used will be selected according to whether the client has a dry, oily, combination, mature or sensitive skin.

Facial Revitalisation Acupuncture

A natural way to look and feel younger. Facial Revitalisation Acupuncture (FRA) also known as Cosmetic Acupuncture or an Acupuncture Facelift is a painless, non-surgical method of reducing the signs of the aging process. FRA is based on the principles of Chinese Medicine and involves the insertion of hair-thin, single use needles into particular areas of the face, ears, neck, hands, trunk and legs along meridians or channels of energy called Qi. Thousands of years ago the Chinese discovered that many channels either begin or end on the face while some have internal branches that go to the face.



Beauty Treatments & Massages

Back, Neck, Shoulder & Scalp	½hr	£30
Back, Neck, Shoulders, Scalp & Facial	1½hrs	£65
Back & Shoulder Massage	½hr	£30
Deep Tissue Massage	1hr	£48
Hot Stone Massage	1hr	£55
Full Body Massage	1hr	£45
Full Body Aromatherapy Massage	1hr	£45
Indian Head Massage	¾hr	£35
Indian Head Massage with Reiki	1½hrs	£60
Massage with Crystal Healing	1½hrs	£60
Natural Facelift Massage	1hr	£45

Facials

Deep Cleanse or Aromatherapy	1hr	£45
Facial Revitalisation (Acupuncture)	1½hrs	£120
Oxygen Facial	1hr	£55
Priadara Essential Facial	1hr	£45
Priadara Active Facial	1hr	£50
Priadara Visio Visage Facial	1¼hrs	£50
Priadara Sub Dermal Facial	1¼hrs	£45
Priadara Super Sub Dermal Facial	1½hrs	£55

Other

Hot Stone Therapy	2hrs	£70
Priadara Spa Treatment	1¾hrs	£70

Manicure

A manicure, which normally takes between 30 and 45 minutes, involves shaping the client's nails, tidying the nail cuticles, moisturising the hands and nails, massaging the hands and arms and, finally, either buffing the nails or applying nail enamel, depending on the client's preference. Many clients, both men and women, enjoy regular manicures to ensure that their nails are kept neat and tidy and that their hands look groomed and well cared for. In addition, clients with damaged or dehydrated nails often find that a regular manicure improves the condition and appearance of both hands and nails.

Pedicures

A pedicure is, basically, a foot manicure and is not intended to take the place of the work done by a chiropodist. Clients choose to have a pedicure because it is a very soothing and relaxing experience, which refreshes hot, tired and swollen feet. A pedicure involves soaking the feet in tepid water to which an antiseptic or refreshing foot lotion has been added; the removal of any old nail enamel (if appropriate); clipping and/or filing the toe nails; removing any hard skin which has accumulated on the balls of the feet or the heels; a gentle foot and leg massage and, finally, the

application of enamel to the toenails (if required)

Hair Removal - Waxing

Temporary hair removal is carried out using either wax (hot or cold), or a process known as sugaring. The hot wax treatment is good for removing strong hair growth such as underarm or bikini line, whereas the cool wax treatment is more suitable for clients with sensitive skin. The application of a pliable sugar paste (sugaring) is a method of hair removal which dates back to Egyptian times and is thought to be more gentle on the skin as the product is used at a very low temperature. Always discuss your needs with the beauty therapist at the start of the consultation, and they will advise you as to which method will be most suitable for you. Generally, a temporary hair removal treatment will need to be repeated every four to eight weeks, depending on how quickly your hair re-grows.



Manicure & Pedicures


Manicure	1hr	£27
Pedicure	1hr	£27
Shape & Polish	¼hr	£15

Waxing

Back or Chest Wax	½hr	£20
Bikini	¼hr	£10
Eyebrow Wax	¼hr	£7
Forearm	¼hr	£8
Full Leg	¾hr	£22
Half Leg	½hr	£15
Lip	¼hr	£5
Lip & Chin	¼hr	£12
Underarm	¼hr	£7

Tinting & Perming

Eyebrow Tint	¼hr	£7
Eyelash Tint	½hr	£12
Eyelash & Brow Tint	½hr	£19
Eyelash Perming	1hr	£30
Eyelash Perming & Tint	1hr	£35





Ladies Hair Design

	Stylist	Senior Stylist
Ladies Shampoo, Cut & Blow Dry	from £33.00	from £37.50
Redesign, Shampoo Cut & Blow Dry	from £37.00	from £40.00
Shampoo & Blow Dry	£18.50	£19.50
Wet Cut	£28.00	£28.00
Dry Cut	from £18.50	from £20.00

Colour & Technical Work

Full Head Highlights - Woven/Sliced	£67.00	£72.00
Half Head Highlights	£46.00	£53.00
T-Bar	£26.00	£32.00
Flying Colours	£31.00	£32.00
Regrowth Tint	£31.00	£31.00
Full Head Colour - Short Hair	£42.00	£42.00
Full Head Colour - Long Hair	£50.00	£50.00
Semi Permanent Colour - Short Hair	£20.50	£20.50
Semi Permanent Colour - Long Hair	£31.00	£31.00
Colour Alteration		Price on Consultation
Perming (inclusive of cut and finish)	from £65.00	from £70.00
Chemical Straightening	£57.00	£57.00
Luxury Hair Treatment	£10.50	£10.50
Hair Extensions		Price on Consultation



Stylist

Senior Stylist

Special Occasions

Party Hair Up	from £25.00	from £25.00
Shampoo, Dry & Hair up	from £35.00	from £35.00

Gents

Gentlemans Shampoo & Cut	£16.50	£18.50
Gentlemans Cut	£14.50	£16.50
Clipper work	£12.50	£12.50

Girls

up to 5yrs	£6.50	£6.50
6-10yrs	£10.50	£10.50
11-15yrs - Shampoo, Cut & Blowdry	from £15.50	from £15.50

Boys (Dry Cut)

up to 5yrs	£6.50	£6.50
6-10yrs	£9.50	£9.50
11-15yrs	£10.50	£12.50
Clipper work	£8.50	£8.50



Calgel Nails

This revolutionary nail product supports the growth and development of natural nails while providing an immediate and completely realistic cosmetic nail solution. Calgel can also be used in conjunction with nail tips and other cosmetic nail enhancement products to make them look much more natural, even under close inspection.

Calgel won't crack, chip or peel, is everlasting and only comes off when you decide you want a change! Calgel is completely safe to use, and a pleasure to wear. It has been researched, tested, developed and refined over many years by nail experts and does not contain the chemicals and ingredients found in some other products which are thought to seal off and inhibit the natural nail.

This means natural nails are able to respire and grow healthily under the protective layer of Calgel. It is porous, enabling natural gases to pass through the nails; ensuring that air is not trapped.

NSI Attraction Acrylic Nails

The NSI Attraction System delivers exceptional adhesion, strength and flexibility. Your nail enhancements will maintain

their colour clarity and flexibility – all with a natural thin look!

Acrylic nail extensions are artificial structures which are applied to the natural nails, using state of the art techniques and products, to create nails that look natural, grow with your own nails and are often much stronger than natural nails. It can be applied directly onto the natural nail, sculptured into an extended nail using a nail form, or applied over a nail tip.

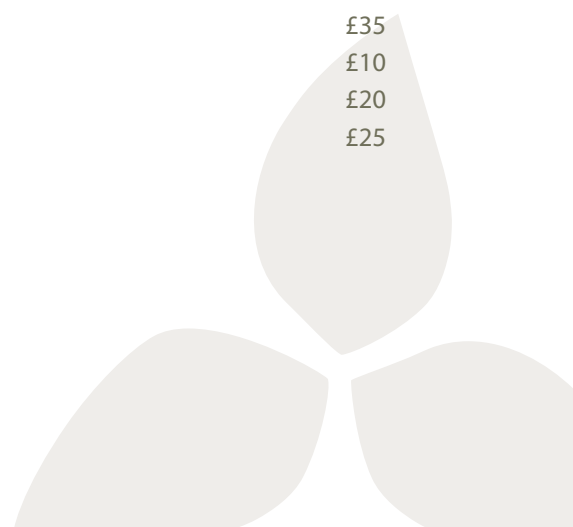
You can dramatically transform the appearance of your nails with a set of beautiful acrylic nail extensions. Nail biters need not fear. An experienced technician can transform the appearance of your nails and provide you with advice on how to maintain their appearance.

Acrylic originated in dentistry (where it is still used today), but was introduced as a nail enhancement in 1935. The acrylic used by nail technicians today is specifically designed for use on nails.



Artificial Nails Calgel Nail System & Acrylic (NSI-Creative)

Full Set (tips)	Natural - 1½hrs	£55
	French - 1¾hrs	£60
Overlays	Natural - 1hr	£40
	French - 1¼hrs	£45
Refils	Natural - 1hr	£30
	French - 1¼hrs	£35
Varnish (French or Colour)	20mins	£10
File, Buff & Varnish	¾hr	£20
Tip Removal & Natural Nail Tidy	1hr	£25





Lunchtime Menu

(Available Mon-Fri 12-2pm)

Smoked Salmon, Prawn & Rocket with Marie-Rose
Bacon, Lettuce & Tomato
Palma Ham, Sun dried Tomato with Pesto
Egg Mayonnaise & Cress



All available
on brown/white bread or a tortilla wrap
or with french bread

£2.50
£2.00

Soup of the day

£1.50

Drinks

Ginger Soother

£1.65

Purdey's

£1.75

Firefly's

£1.65

Juice Bursts

£1.30



